

# FIS Tour de Ski, Lenzerheide (Switzerland) 01-03/01/2016

## Competition Program

Date	Format	Distance	Remarks
1/1/2016	Sprint F	1.4 km	Bonus Seconds for the athletes in the finals
2/1/2016	Mass Start C	15 km / 30 km	Bonus second top 3 Intermediate points 2 for Ladies & 4 for Men
3/1/2016	Pursuit F	5 km / 10 km	Bonus Second top 3

## Event Program

Date	Competition*	TCM *	Other
<b>Thursday</b> 31/12/2015		<b>16:00</b> FIS Family	<b>17:30</b> Opening Ceremony Stadium
<b>Friday</b> 1/1/2016	<b>13:25</b> Sprint Qualification <b>15:55</b> Sprint Finals	<b>19:00</b> FIS Family	
<b>Saturday</b> 2/1/2016	<b>13:00</b> 15 km Mass start Ladies <b>15:00</b> 30 km Mass start Men	<b>18:30</b> FIS Family	
<b>Sunday</b> 3/1/2016	<b>11:45</b> 10 km Pursuit Men <b>13:35</b> 5 km Pursuit Ladies		

\*Subject to change (check latest version on [www.fis-ski.com](http://www.fis-ski.com))

## Deadlines

Preliminary entries	Final numbers	Wax Trucks	Final entries
20/11/15	22/12/15	03/10/2015	31/12/2015 17:00h

## Contacts

Office	Name	Telephone	Email
<b>Head Quarters (tax paper)</b>	Jacqueline Odermatt	+41 81 385 57 36 +41 79 751 33 42	<a href="mailto:tds@lenzerheide.com">tds@lenzerheide.com</a> or <a href="mailto:Jacqueline.odermatt@lenzerheide.com">Jacqueline.odermatt@lenzerheide.com</a>
<b>Accommodation office</b>	Thomas Rüegg	+41 79 489 70 38	<a href="mailto:trueegg@weisskreuz.ch">trueegg@weisskreuz.ch</a>
<b>Transportation office</b>	Walter Büchi	+41 79 772 85 88	<a href="mailto:buechi.walter@bluewin.ch">buechi.walter@bluewin.ch</a>
<b>Race Office</b>	Jacqueline Odermatt	+41 81 385 57 36 +41 79 751 33 42	<a href="mailto:tds@lenzerheide.com">tds@lenzerheide.com</a> or <a href="mailto:Jacqueline.odermatt@lenzerheide.com">Jacqueline.odermatt@lenzerheide.com</a>
<b>Financial office</b>	Bruno Zenklusen		<a href="mailto:Bruno.zenklusen@puracenter.ch">Bruno.zenklusen@puracenter.ch</a>
<b>Wax Cabins</b>	Lui Collenberg	+41 79 610 07 37	<a href="mailto:tds@lenzerheide.com">tds@lenzerheide.com</a>

Website: [www.tourdeskilenzerheide.ch](http://www.tourdeskilenzerheide.ch)

Facebook: [www.facebook.com/Lenzerheide](http://www.facebook.com/Lenzerheide)

Twitter: [@sonnehochzwei](https://twitter.com/Lenzerheide)

## 1. Accreditation

- The FIS season accreditation and FIS season parking cards will be valid. Requests for additional accreditation and parking cards must be send via the FIS online System.
- Requested additional accreditation and parking cards can be picked up at the Race Office.

## 2. Race Office

- Race Office in the FIS Area (next to FIS Family tent) opening time:  
Wednesday, 30.12.2015 10:00 to 17:30  
Thursday, 31.12.2015: 10:00 to 17:30  
Friday, 01.01.2016: 09:00 to 18:30  
Saturday, 02.01.2016: 08:00 to 18:00  
Sunday, 03.01.2016: 08:00 to 17:00

## 3. Accommodation (World Cup Rules Art. 13)

- Booking according the FIS Rules via FIS online registration system
- The OC offers following accommodation in different categories and prices (all full board).
  - Hotels: CHF 125
- Price for additional accommodation outside of the quota: CHF 140 -200 (regular hotel prices)
- Price for additional single rooms outside of the quota: CHF 140 – 200 (regular hotel prices)

## 4. Transport (World Cup Rules Art. 11)

Official airport: Zurich (ZHR)

If you need a shuttle transfer please contact Jacqueline Odermatt for an offer.

### Shuttle service:

Shuttle service from Valbella and Lenzerheide to the venue is free.

Postauto shuttle from Chur to the venue and Tiefencastel to the venue each 30 min.

### Parking

Parking in the holiday region of Lenzerheide is very limited. We kindly ask you to use the public transport (Postauto) or the free sport bus (Line Tour de Ski). Only limited parking spaces will be available at the venue! If possible use the free shuttle bus.

### Highway tax sticker for all cars, vans or trucks (vignette):

In Switzerland you need a „highway tax sticker“ for every car, van or truck. You can buy the sticker on every gas station and at the boarder. The tax sticker costs CHF 40.00 (driving without a sticker brings along a penalty fee of CHF 200.00). The sticker is valid for one year. The tax sticker of the year 2015 is valid until the end of January 2016.

More informations about the highway tax sticker:

German: [http://www.ezv.admin.ch/zollinfo\\_privat/04338/04340/index.html?lang=de](http://www.ezv.admin.ch/zollinfo_privat/04338/04340/index.html?lang=de)

English: [http://www.ezv.admin.ch/zollinfo\\_privat/04338/04340/index.html?lang=en](http://www.ezv.admin.ch/zollinfo_privat/04338/04340/index.html?lang=en)

## Night and Sunday truck prohibition

In Switzerland, there is a night and Sunday truck ban. The 1<sup>st</sup> January has to be regarded as a Sunday. The night ban is from 10.00 p.m. to 05.00 a.m.

Please make sure, that you order the “Sunday and night driving allowance for trucks”, if you drive by night (22.00 – 05.00) or on Sundays.

Send an email to the following department with the information above:

Strassenverkehrs- und Schifffahrtsamt des Kantons St.Gallen

[sobe@stva.sg.ch](mailto:sobe@stva.sg.ch)

Phone: +41 (0)71 229 36 65

To get the night and Sunday driving allowance for trucks, you have to send the following information to the department:

- Brand of the truck (e.g. Mercedes)
- Number plate
- Time of arrival in Switzerland (e.g. 31.12.2015, 03.00 a.m.)
- Driving Route (e.g. Lustenau – Lenzerheide)
- Reason of Drive : Tour de Ski in Lenzerheide

This department can only give you a special allowance to drive by night or on Sundays if you cross the border in Lustenau or Hohenems (if you cross in Feldkirch, you have to contact the department of Fürstentum Liechtenstein) .

More information about night and Sunday ban:

<http://www.admin.ch/opc/de/classified-compilation/19620246/index.html#a91>

## Trailer prohibition

In winter season, there is a trailer prohibition between Chur and Lenzerheide and also between Tiefencastel and Lenzerheide. If you arrive with trailers, please order a special allowance to drive with trailers:

<http://www.gr.ch/DE/institutionen/verwaltung/djsg/kapo/dokumentation/formulare/Seiten/default.aspx>

Verkehrspolizei Graubünden

Ringstrasse 2

7000 Chur

[info@kapo.gr.ch](mailto:info@kapo.gr.ch)

## Snow chains, snow removal

Lenzerheide is on 1475 meters altitude. Please make sure that you bring snow chains with you. If there is a lot of snow, snow chains **must** be installed between Churwalden and Lenzerheide. The alternative route leads from Chur to Thusis and from there to Tiefencastel and Lenzerheide (s. «Routing» above).

The OC is bothered to organise an early snow removal at the arriving day.

## 5. Payment (World Cup Rules Art. 10 and 13)

- Accommodation costs: Teams will pay directly in their hotels (persons from the pay lists will be paid by the OC directly).
- Carrying costs/Reimbursement :All payment will be done by bank transfer at the end of the Tour

## 6. Waxing facilities (World Cup Rules Art. 14)

- Wax cabins: available from 30/12/2015 at 8:00
- Waxing trucks: teams arriving with trucks have to inform the OC before 03/10/2015 with exact measurements of the truck and details of the needs

## 7. Regulations of radio equipment:

- The import, export and the operation of radio equipment in Switzerland is regulated by national law. Permits for the use of radio transmission equipment must be requested according to national specifications.
- Information: <http://www.bakom.admin.ch/themen/frequenzen/00689/index.html?lang=en>

## 8. Regulations of Visa:

- Remember that citizens of some countries will need visa for visiting Switzerland. Please check with your embassy if you need a visa for Switzerland.
- For an official letter of invitation, please send a request to the head office: [tourdeski@lenzerheide.com](mailto:tourdeski@lenzerheide.com)

## 9. Special permissions for truck driving (Sunday- and night, other days with special regulations)

**Please be aware that Switzerland is NOT a member of the European Custom Union**

### Boarders

Please cross the boarder at the following customs, because they are informed about your arrivals:

- Lustenau
- Hohenems
- Feldkirch

(no crossing of this border with trucks between 10.00 p.m. – 5.00 a.m. and on Sundays, see informations about «night and Sunday truck prohibition above).

### ATA Carnet

The ATA Carnet is an international document for the temporary, duty-free admission of goods. With the ATA Carnet Swiss and foreign customs formalities are completed using one form. The ATA Carnet can be obtained from Chambers of Commerce and Industry and releases the holder from any obligation to provide a guarantee when crossing the border. In Switzerland the Chambers of Commerce and Industry provide information on the conditions for receiving a Carnet, please see: <http://www.cci.ch>

The ATA Carnet may be used for several border crossings and is valid for one year. Instead of national customs documents, the ATA Carnet can be used for imports, exports and transits purposes. The advantage is the swift passage through customs. The ATA Carnet has a uniform appearance for all contracting parties to the Convention on Temporary Admission of 26 June 1990 (the so-called Istanbul Convention). It can be used in more than 60 countries.

When opening the ATA Carnet, the complete description of the goods must be (cover sheet reverse) present. For the holder of the ATA Carnet, it is always possible to bring the goods back into the domestic customs territory.

The use of the Carnet ATA is applied to durable goods but not to nondurable goods.

The most important areas of application of the ATA Carnet are as follows:

- **Goods for display or use at exhibitions and fairs**
- **Professional equipment**
- **Commercial samples for display purposes (watches, jewellery, clothes, etc.)**
- **Sports equipment**

More informations about custom regulations:

German: [http://www.ezv.admin.ch/zollinfo\\_firmen/04016/index.html?lang=de](http://www.ezv.admin.ch/zollinfo_firmen/04016/index.html?lang=de)

English: [http://www.ezv.admin.ch/zollinfo\\_firmen/04016/index.html?lang=en](http://www.ezv.admin.ch/zollinfo_firmen/04016/index.html?lang=en)

### 10. Income tax information for price money:

CHF 0.00 until 200.00 per day 12,8 %

CHF 201.00 until 1'000.00 per day 14,4 %

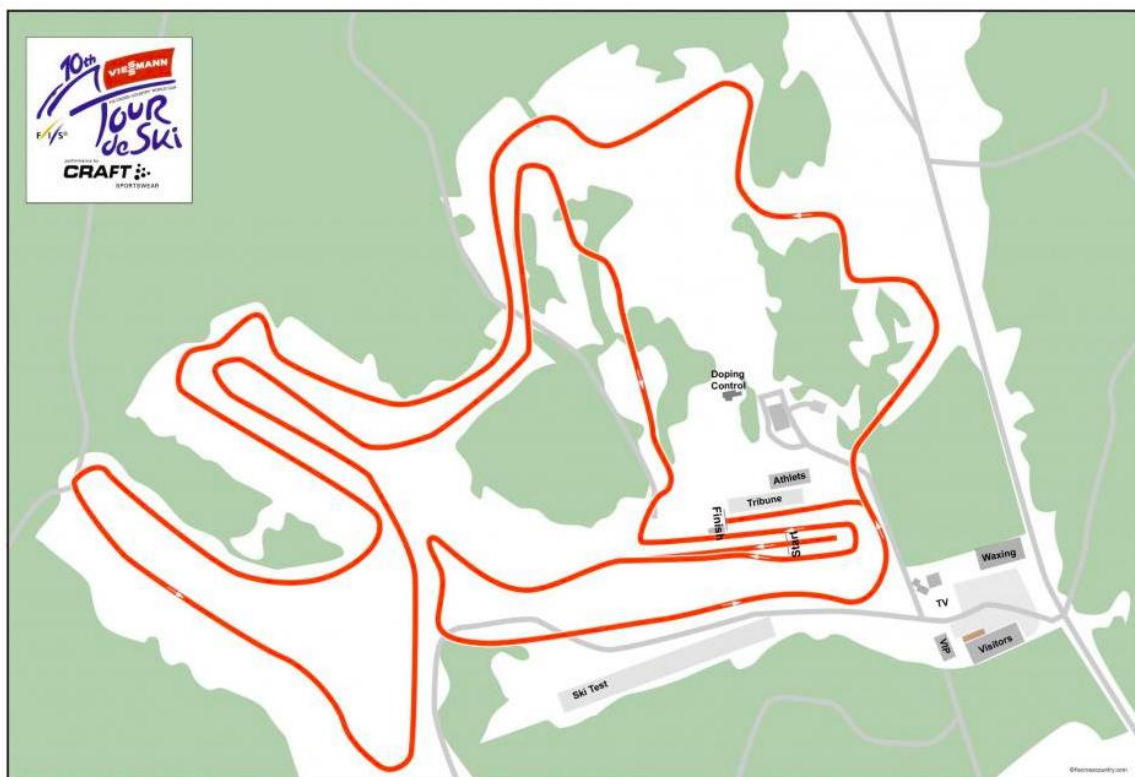
CHF 1'001.00 until 3'000.00 per day 17,0 %

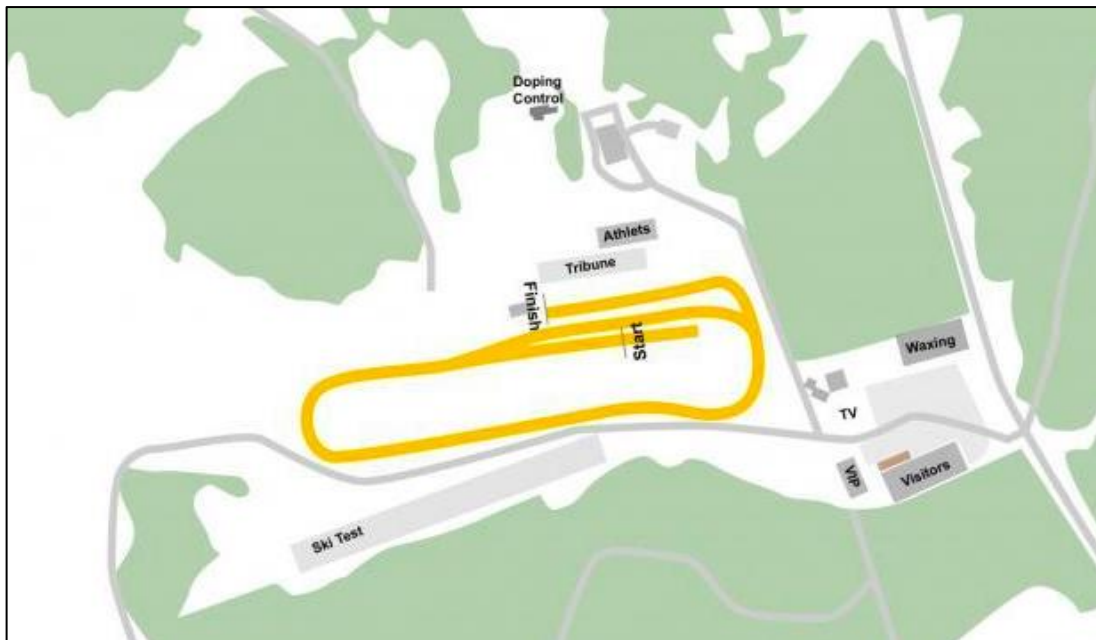
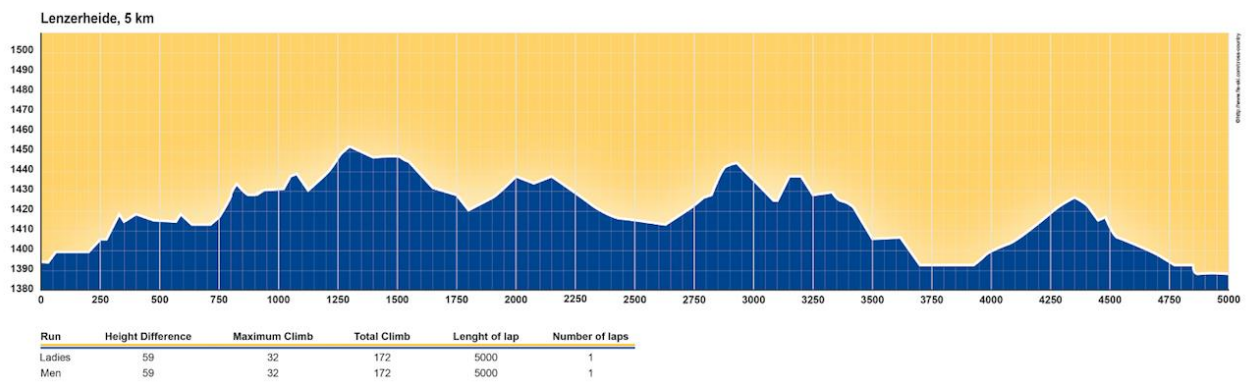
More than CHF 3'000.00 per day 19,0 %

More information (only in German):

<http://www.gr.ch/DE/institutionen/verwaltung/dfg/stv/dienstleistungen/formulardownload/Seiten/quellensteuer.aspx>

### 11. Maps and Courses





## 12. Route book

There are different routes to get to the venue. The best way depends on the location of your accommodation:

Accommodation in Churwalden, Parpan, Valbella, Lenzerheide:  
Highway until exit Chur Süd, then follow the signs to Lenzerheide

Important:

- No trailers allowed from Chur - Lenzerheide
- Snow chains must be on board (sometimes snow chains session between Churwalden and Lenzerheide)

Accommodation in Lantsch/Lenz, Tiefencastel, Thusis, Surava, Savognin, Salouf and Filisur:

- No trailers between Tiefencastel and Lantsch/Lenz
- Highway until Thusis, then follow the signs to Tiefencastel
- Snow chains must be on board (sometimes snow chains session between Tiefencastel and Lantsch/Lenz)

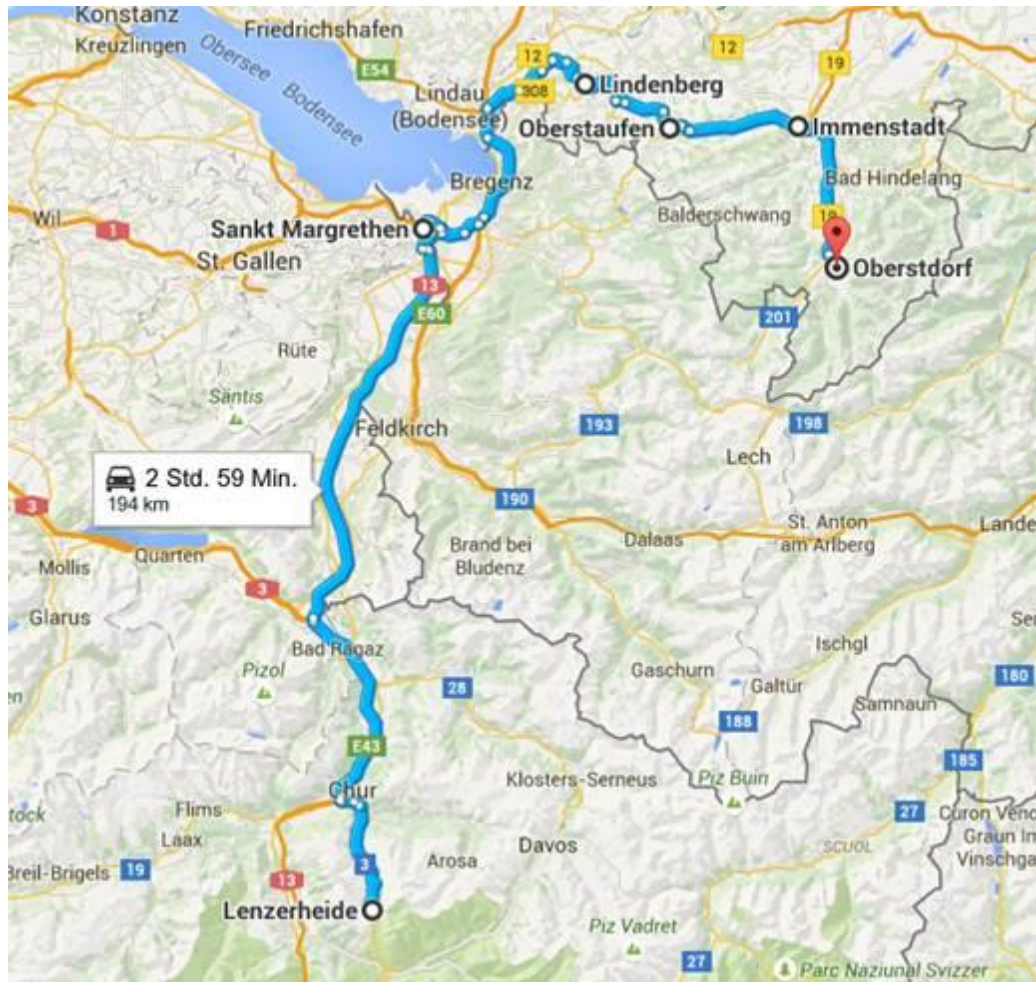
Accommodation in Chur, Maienfeld and Untervaz:

To get to the venue: Please take the highway until Thusis and follow the signs to Tiefencastel, from there it takes you 5 minutes to get to the venue  
(There is a lot of tourist-traffic between Chur and Lenzerheide in these days, so the way over Thusis is much easier and faster).

Important:

- No trailers allowed from Chur – Lenzerheide and also Tiefencastel - Lenzerheide
- Snow chains must be on board (sometimes snow chains cession between Churwalden and Lenzerheide resp. Tiefencastel and Lantsch/Lenz)

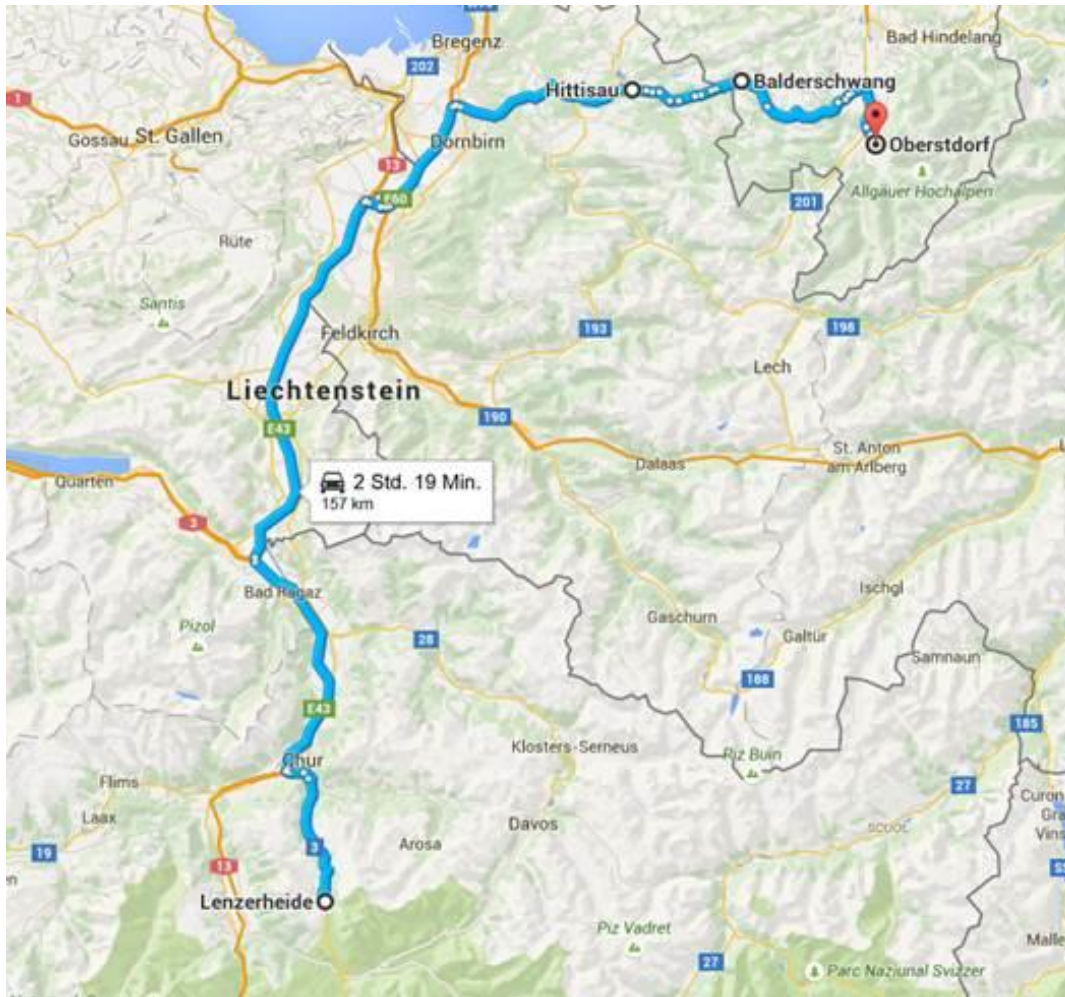
### Route Lenzerheide – Oberstdorf



### For Trucks

Take the A13 in Chur after leaving the Route 3.  
Follow the A13, the E43 and the A14 until the B308 in Bavaria, Germany. There you have to take the A96 and leave the highway at the exit “3 Sigmarszell”. Then follow the B308 until “Lindenberg im Allgäu”. There you have to take the “Alpenstraße/B308” until Oberstaufen followed by the B 308 until Immenstadt. Take the B19 and drive until Oberstdorf.

Address Cross Country Stadium Oberstdorf:  
Birgsauerstraße 35, 87561 Oberstdorf.



### For car

Take the A13 in Chur after leaving the Route 3. Follow the A13, the E43 (exit “4 - Götzis”) and the A14/E60 until the junction “14 - Dornbirn Nord” in Dornbirn, Austria. Follow the B200 and B205 until Hittisau. Then take the OA9 to Balderschwang, Germany. Keep on the OA9 over the Riedbergpass (Caution: Compulsory for Snow Chains possible). Then take the B19 from Fischen until Oberstdorf.

Address Cross Country Stadium Oberstdorf:  
Birgsauerstraße 35, 87561 Oberstdorf.

Don't forget to request your Sunday driving permission in Switzerland, Vorarlberg and Germany.