



FIS Freestyle Ski World Cup Opening
Ruka Finland
December 7th 2018

TEAM INVITATION

Ski Sport Finland is pleased to invite all the teams to attend the FIS Freestyle Ski World Cup Mogul Opening on **December 7th 2018** in Ruka Ski Resort, Finland. The Organizing Committee will host the event in accordance with the International Ski Competition Rules (ICR) of the International Ski Federation (FIS).

1. ORGANIZING COMMITTEE

Ski Sport Finland ry
Mrs. Minna Karhu, Chief of the Organizing Committee
email: minna.karhu@skisport.fi, tel + 358 44 0211024

Valimotie 10
FIN – 00320 HELSINKI
FINLAND
E-mail: worldcupruka@skisport.fi

2. ENTRIES

Entries will be accepted from National Ski Associations following FIS quotas and rules. Please submit the provisional entries (including competitors and officials) and the names of participants by **October 28th, 2018**.

The final number of your competition team (including competitors and officials) and the names of participants must be submitted to the organizing committee **no later than November 27th, 2018**.

Access to the online registration system is accessed through the FIS Homepage <http://www.fis-ski.com> / Member Section.

FIS has established nation Quotas for World Cup. National Ski Teams can only enter World Cup Ski Competitors according to the Quota limitations.

<http://www.fis-ski.com/inside-fis/document-library/freestyle-skiing/#deeplink=quotas>

3. REGISTRATION

Check-in, team registration, race headquarters, media centre and team captains meetings will take place at the Ruka Conference Center. Team registration/lodging check-in will take place in race headquarters on **Tuesday, 4th of December, from 9 am – 3 pm.**

4. BIBS

All competitors must wear bibs during all official training, competition and award ceremonies.

5. ACCIDENT INSURANCE

Each competitor must carry his/her own medical insurance. The Organizing Committee, sponsors, suppliers, Ruka Ski Resort, FIS and Ski Sport Finland assume no responsibility for accidents, damage or loss of equipment, nor second or third party claims during the event.

6. ANTI-DOPING CONTROL

Anti-doping control testing may be conducted in accordance with the rules and regulations set forth by FIS.

7. IMPORTANT INFORMATION

Ski Resort Ruka

Ski resort Ruka has hosted the FIS Freestyle Ski World Cup for six years in a row. This year will be the seventh World Cup event, and the last years have showed that Ruka has fantastic infrastructure for the event and that it is a perfect spot for early season ski training. Ruka ski resort has invested a lot during this Summer to the new express lift and condola lift.

Ski resort Ruka has a strong will to open the mogul course earlier than previous years.

For the snowconditions and training schedules, please follow our Facebook:

<https://www.facebook.com/freestyleopeningruka>

Ski Sport Finland and the ski resort of Ruka are welcoming all the Teams back to Ruka!!

Accommodation

Accommodations with FIS rates for athletes and officials during the competition days are provided in Ruka Ski-Inn units, located in the immediate closeness of the Ski area.

All accommodation reservations, before official competition time period, must be done directly to Ruka Ski Resort.

Team contact person for early season training at Ruka Ski Resort:

Annika Koramo
Sales Secretary
Rukakeskus Oy - RukaBooking
Rukatunturintie 9, FI-93825 Rukatunturi

Tel. +358 8 8600 300 / +358 8 8600 370 (direct)
Fax. +358 8 8600 201
E-mail: Annika.koramo@ruka.fi, myynti@ruka.fi

Transportation

Teams will be responsible for their own transportation to and from Ruka Ski Resort.

On behalf of the Ruka World Cup organizing Committee and Ski Sport Finland we can offer Your TEAM the following flight details and baggage excess weight with Finnair flights.

Note! All conditions and rates stated in this document apply only to bookings made through our agent:

Nunnu Kivikari
e-mail nunnu.kivikari@skisport.fi

All reservations must be done by email including names and payment method. We can accept credit cards or we can send invoices. We need final name list 9 days before departure..

NEW! Group size is 5 persons or more.

The rate will vary and it will include 3pc / 69 kg weight per passenger (23kg / baggage). Price level will be similar to what it has been previous years.

For individual persons we will offer value-rate which allows to make changes to the tickets. You can change date with extra charge 80 EUR / change. Value tickets' cancellation fee is 50%. In order to handle the excess weight it is important that your group will make reservations through Nunnu Kivikari.

Finnair needs to get all the information from your group concerning excess baggage in order to confirm it and get the information into the system. You need to supply dimensions and weight per baggage when you make the reservation. The travel agent will put all info into your reservation and will charge team credit card or send invoice as per agreement. If you need more than 3 pc baggage it will cost 15-30 EUR / package / one way (max 23kg)

8. SCHEDULE OF THE COMPETITION

Mogul course is open every day before the competition week, minimum of three hours, no closing due to the construction like in the earlier years.

Tuesday, December 04. 2018 ARRIVAL DAY

09:00 – 15:00	Lodging check inn at the race office
17:30 - 18:15	Mogul Medical and Team Captains Meeting
19:00	Opening dinner

Wednesday, December 05. 2018 TRAINING DAY 1.

Start	Finish	Duration	Event
13:00	13:10	0:10	Ladies' Mogul Inspection
13:10	13:15	0:05	Course Preparation
13:15	13:50	0:35	Ladies' Mogul Training Session
13:50	14:00	0:10	Course Preparation
14:00	14:35	0:35	Ladies' Mogul Training Session
14:35	14:45	0:10	Men's Mogul Inspection
14:45	14:50	0:05	Course Preparation
14:50	15:25	0:35	Men's Mogul Training Session
15:25	15:35	0:10	Course Preparation
15:35	16:10	0:35	Men's Mogul Training Session

Thursday, December 06. 2018 TRAINING DAY 2.

Start	Finish	Duration	Event
10:00	10:10	0:10	Ladies' Mogul Inspection
10:10	10:15	0:05	Course Preparation
10:15	11:00	0:45	Ladies' Mogul Training Session
11:00	11:10	0:10	Course Preparation
11:10	11:55	0:45	Ladies' Mogul Training Session
11:55	12:05	0:10	Men's Mogul Inspection
12:05	12:10	0:05	Course Preparation
12:10	12:55	0:45	Men's Mogul Training Session
12:55	13:05	0:10	Course Preparation
13:05	13:50	0:45	Men's Mogul Training Session
17:30	18:00	0:30	Mogul Draw

Friday, December 7. 2018 MOGUL COMPETITION

Start	Finish	Duration	Event
9:00	9:10	0:10	Ladies' Inspection
9:10	9:20	0:10	Course Preparation
9:20	10:00	0:40	Ladies' Mogul Training
10:00	10:10	0:10	Course Preparation
10:10	11:25	1:15	Ladies' Qualifications (Q1)(57)
11:25	11:35	0:10	Break
11:35	12:00	0:25	Ladies' Qualifications (Q2)(20)
12:00	12:10	0:10	Men's Inspection
12:10	12:15	0:05	Course Preparation
12:15	12:55	0:40	Men's Mogul Training
12:55	13:05	0:10	Course Preparation
13:05	14:25	1:20	Men's Qualifications (Q1)(67)
14:25	14:35	0:10	Break
14:35	15:00	0:25	Men's Qualifications (Q2)(20)
15:00	15:30	0:30	Break
15:30	15:40	0:10	Ladies and Men's Mogul Finalist Inspection
15:40	15:45	0:05	Break
15:45	16:15	0:30	Ladies and Men's Mogul Finalist Training
16:15	16:30	0:15	Break
16:30	16:54	0:24	Ladies' Mogul Finals (F1) (16)
16:54	17:18	0:24	Men's Mogul Finals (F1) (16)
17:18	17:21	0:03	Break
17:21	17:32	0:11	Ladies' Mogul Finals (F2) (6)
17:32	17:43	0:11	Men's Mogul Finals (F2) (6)
17:43	17:48	0:05	Finish Area Awards Preparation
17:48	17:53	0:05	Ladies' Mogul Awards
17:53	17:58	0:05	Men's Mogul Awards
17:58	18:08	0:10	FIS Podium Interviews

Saturday, December 8. 2018 DEPARTURE DAY