

AE AET		2022 FIS FREESTYLE SKI WORLD CUP RUKA (FIN)				FS
						as of 30/09/21 - ARi
Monday, November 29, 2021					Arrival	
	Start	Finish	Duration	Event	Location	
AE	12:00	-	20:00	8:00	Arrival + Aerial Team Jump Shaping	
	19:30	-	20:00	0:30	Team Captains Meeting / Medical Briefing	Online
Tuesday, November 30, 2021					TRAINING	
	Start	Finish	Duration	Event	Location	
AE	15:00	-	15:15	0:15	Aerial Inspection and Speed Checks	
	15:15	-	15:20	0:05	Course Preparation	
	15:20	-	18:00	2:40	Aerial Training Session Group 1	
	18:00	-	18:15	0:15	Aerial Inspection and Speed Checks	
	18:15	-	18:20	0:05	Course Preparation	
	18:20	-	21:00	2:40	Aerial Training Session Group 2	
Wednesday, December 01, 2021					TRAINING	
	Start	Finish	Duration	Event	Location	
AE	13:00	-	13:15	0:15	Aerial Inspection and Speed Checks	
	13:15	-	13:20	0:05	Course Preparation	
	13:20	-	16:00	2:40	Aerial Training Session Group 2	
	16:00	-	16:15	0:15	Aerial Inspection and Speed Checks	
	16:15	-	16:20	0:05	Course Preparation	
	16:20	-	19:00	2:40	Aerial Training Session Group 1	
TMC	20:00	-	20:30	0:30	Aerial Draw	Online
Thursday, December 2, 2021					COMPETITION	
	Start	Finish	Duration	Event	Location	
AE Qual.	9:00	-	9:10	0:10	Women's Inspection and Speed Checks	
	9:10	-	10:30	1:20	Women's Aerial Training	
	10:30	-	10:40	0:10	Course Preparation and Forerunners	
	10:40	-	11:30	0:50	Women's Qualifications (Q1)(35)	
	11:30	-	11:35	0:05	Course Preparation	
	11:35	-	11:45	0:10	Men's Inspection and Speed Checks	
	11:45	-	13:35	1:50	Men's Aerial Training	
	13:35	-	13:45	0:10	Course Preparation and Forerunners	
	13:45	-	14:45	1:00	Men's Qualifications (Q1)(45)	
	14:45	-	15:00	0:15	Break	
AE Final	15:00	-	15:10	0:10	Ladies and Men's Aerial Finalist Speed Checks	
	15:10	-	16:10	1:00	Women's and Men's Aerial Finalist Training	
	16:10	-	16:30	0:20	Course Preparation	
	16:30	-	16:48	0:18	Women's Aerial Finals (F1) (12)	
	16:48	-	17:06	0:18	Men's Aerial Finals (F1) (12)	
	17:06	-	17:09	0:03	Break	
	17:09	-	17:19	0:10	Women's Aerial Finals (F2) (6)	
	17:19	-	17:30	0:11	Men's Aerial Finals (F2) (6)	
	17:30	-	17:35	0:05	International Flash Interview (winners) English	
	17:35	-	17:40	0:05	Women's Aerial Awards	
	17:40	-	17:45	0:05	Men's Aerial Awards	
	17:45	-	17:55	0:10	Media Interviews	
DRAW	20:00	-	20:30	0:30	AE Draw + AET Draw	Online
Friday, December 3, 2021					COMPETITION	
	Start	Finish	Duration	Event	Location	
AE WC FINAL	9:10	-	9:20	0:10	Women's Inspection and Speed Checks	
	9:20	-	10:05	0:45	Women's Aerial Training	
	10:05	-	10:20	0:15	Course Preparation and Forerunners	
	10:20	-	11:40	1:20	Women's Final (F1)(35)	
	11:40	-	11:50	0:10	Course Preparation	
	11:50	-	12:05	0:15	Men's Inspection and Speed Checks	
	12:05	-	13:05	1:00	Men's Aerial Training	
	13:05	-	13:15	0:10	Course Preparation and Forerunners	
	13:15	-	15:00	1:45	Men's Final (F1)(45)	
	15:00	-	15:15	0:15	Break	
AE TEAM	15:15	-	15:30	0:15	Aerial Team Inspection and Speed Checks	
	15:30	-	16:15	0:45	Women's and Men's Aerial Team Training	
	16:15	-	16:30	0:15	Course Prep	
	16:30	-	17:15	0:45	Aerial Team (F1)(8 Teams)	
	17:15	-	17:20	0:05	Course Prep	
	17:20	-	17:44	0:24	Aerial Team (F2)(4 Teams)	
	17:44	-	17:49	0:05	Break Flash Interview Winning team	
	17:49	-	17:52	0:03	Finish Area Awards Preparation	
	17:52	-	18:02	0:10	FIS Podium and Interviews	
Departure		Saturday, December 04, 2021				