

INVITATION

On behalf of the Organizing Committee of the Telemark Swiss Cup in Melchsee-Frutt, Switzerland we would like to invite all Telemark athletes, trainers and officials to the FIS Telemark World Cup at the "Cheselen" lift in the central of Switzerland.

Do you like traveling earlier to Melchsee-Frutt? No problem! You are welcome also some days before the World Cup – and we will organize accommodation and a training area for all World Cup Athletes. Details you will find bellow.

We are looking forward to sharing this event with you! Below you can find all basic details about the place, important dates, the schedule, your arrival, and so on.

THE REGION - Welcome to Melchsee-Frutt!

Situated in the Swiss Alps – to be more precise, in the beautiful region lake lucerne – you will find a true winter paradise between lakes and mountains. The area is located at an altitude between 1080 (Stöckalp) and 2255 meters (Balmeregghorn). The holiday paradise canton of Obwalden has got 7 subdivisions: Alpnach, Engelberg, Giswil, Kerns, Lungern, Sachseln and the capitol Sarnen. Melchsee-Frutt is a part of Kerns. Together they offer a world of unspoiled natural beauty, health, alpine views, sporting adventures and family holiday fun – in Spring, Summer, Autumn and Winter. Situated in the centre of Switzerland, Kerns is also not far from the famous cultural attractions in the Alps. Lucerne, the world's steepest cogwheel railway Pilatus, the cabrio Stanserhorn, Hergiswil glassworks and the lake lucerne (Vierwaldstättersee), everything can be reached within a day trip.

More information: www.obwalden-tourismus.ch

ARRIVAL

INTERNATIONAL AIRPORTS:

Zurich International Airport (ZRH), approximately 100 km south of Zurich.

RAIL CONNECTIONS:

The railway infrastructure is well developed in Switzerland. Coming from Zurich direct connections to the train station Lucerne (Luzern). Take the train which goes to Interlaken or Giswil. Get out at the station Sarnen. From Sarnen to Stöckalp (Melchsee-Frutt) there is a bus, it runs every hour.

PRIVATE TRANSPORT/BY ROAD: Coming from Zürich or Interlaken take the motorway exit Sarnen-Nord and follow the signs «Kerns / Melchsee-Frutt».

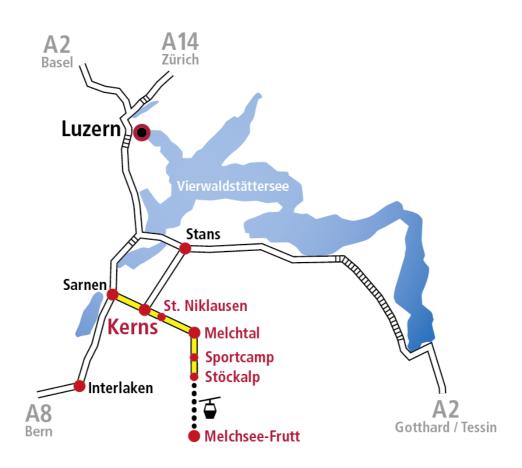


REGISTRATION AND ACCOMMONDATION

Registration and accommodation will be at the Reception Sportcamp Melchtal.

Sportcamp Melchtal Fruttstrasse 36 6067 Melchtal

Tel. +41 41 669 72 00 info@sportcamp.ch



INFORMATION / HOTEL / WORLD CUP PACKAGE

Official arrival day 25.01.2023 evening (including dinner)
Official check out day 29.01.2023 afternoon (including breakfast & lunch)

Price per person and night CHF 110 | The package includes:

- · Accommodation full board
- · Lift ticket
- · Access to the internet
- · Ski room in the hotel
- · Welcome Special
- · Gym and cross country



Arrival and leave outside the official dates the following prices apply:

Overnight stay incl. breakfast CHF 50.-Adding Dinner additional CHF 15.-

FIS ENTRY FORM REGISTRATION:

Thank you for sending the fully filled entry form of each Team to registration.telemarklaif@hotmail.com, by latest 01. January 2023

REGISTRATION ACCOMONDATION:

To book the accommodation please use the attached Form.

Based on the incoming booking, latest **01. January 2023**, will you receive the Invoice by E-Mail with the payment instructions. The Invoice need to be paid (Cash, Credit Card or Bank Transfer) latest by **25. January 2023**.

PAYMENT:

- 1. Prepayment via bank transfer in CHF
- 2. Payment at Hotel Sport Camp in CHF Cash or by Credit Cart at check-in

Please note, the full package price in CHF is due, any deviations will be invoiced subsequently. Means bank commission and exchange rate is in the responsibility of the participant.

We recommend paying by Credit Card at the arrival in Sportcamp Melchtal.

ACCREDITATION & RACE OFFICE SCHEDULE

The Race Office is located in the Sportcamp Melchtal. You will find us at the team captains meeting.

TEAM CAPTAINS MEETING

The first team captains meeting will be held on Thursday 26. January 2023, at 18:00 at the Sportcamp Melchtal.

BIBS

Start numbers for all will be drawn and distributed at the team captains meeting. They must be returned immediately after each race.

RULES & INSURANCE

This event will be conducted according to the rules of the FIS. Every participant is responsible for her/his insurance. The Telemark Swiss Cup Organizing Committee cannot be held liable in any form.



OFFICIAL NOTICE BOARDS

All changes of the program will be posted on the main board at the Race Office. Participants, trainers and officials are responsible for informing themselves. Please also check our website http://www.telemark-laif.ch for news and details on upcoming events. The website will be refreshed in the racing period daily and covers news, eventual changes of the program etc.

We look forward to hearing from you and hope to welcome you here in Switzerland!



Parallel Sprint: yellow line Classic: green line



RACE PROGRAMM TELEMARK WC MELCHSEE-FRUTT 2023

| DATE | FR 27.01. | SA 28.01. | SO 29.01. | | | |
|------------|---------------|--------------------|--------------------|--|--|--|
| Race | Classic | Paralelle – Sprint | Paralelle – Sprint | | | |
| Inspection | 08:45 – 10:15 | 08:45 – 9:30 | 08:45 – 9:30 | | | |
| Start Race | 11:00 | 10:00 | 10:00 | | | |
| PS-Finals | | 12:00 | 12:00 | | | |



ENTRY FORM Telemark FORMULAIRE D'INSCRIPTION Telemark **ANMELDEFORMULAR Telemark**

| Manifestation | | | | | | | | | | | |
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Entry with FIS points / *Inscription avec points FIS* / Anmeldung mit FIS-Punkten Entry without FIS points / Inscription sans points FIS / Anmeldung ohne FIS-Punkte No entry / Pas de participation / Keine Teilnahme

| 00.00 | |
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OFFICIALS

OFFICIELS

OFFIZIELLE

| Surname, First Name Nom de famille, Prénom | Function Fonction | Arrival Arrivée | Departure Départ |
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| Familienname, Vorname | Funktion | Anreise | Abreise |
| | Team Captain / <i>Chef d'équipe</i> / Mannschaftsführer | | |
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| | Trainer/Entraîneur/Trainer | | |
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| Lieu, Date Ort, Datum | Signature: Unterschrfit: | | |
| Block letters please! Ecrire en l | majuscules s.v.p. Bitte | in Blockschri | ft schreiben! |
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Registration form overnight stays and meals:

Pleas register every teammember by Name.

Red part for Overnight stay incl. Breakfast, note your Arival and Departerdate with a X mark the full Day of stay. (See example below)

A = Arrival Date

D = Departer Date

X = Full Day

Please note if you need a Team Invoice or a sigle Invoice for each of your team member:

| Nation: | |
|----------------|--|
| Team Invoice | |
| Single Invoice | |

| | | Overnight stay incl. Breakfast | | | | Dinner | | | | | | | | | | | |
|-----------|------------|--------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Last Name | First Name | 22.01. | 23.01. | 24.01. | 25.01. | 26.01. | 27.01. | 28.01. | 29.01. | 22.01. | 23.01. | 24.01. | 25.01. | 26.01. | 27.01. | 28.01. | 29.01. |
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