

## Contact information

Organiser contact information	
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Address	Nordic Ski Events Engadin, Menduri Kasper, Quadratscha 18, 7503 Samedan

Offices and their opening hours		Officials	
Race office	08.00 - 15.00 Via San Gian 63, 7500 St.Moritz (Olympiaschanze)	FIS Technical Delegate	Janis Lindegger (SUI)

## Event schedule

Event schedule (LOC times)			
01.12.2023	Event	Location	Races
17:00	Team Captains' Meeting	Freestyle Work Space Silvaplana	2 Dec - FIS Women's 10k 2 Dec - FIS Men's 10k
02.12.2023	Event	Location	Races
17:00	Team Captains' Meeting	Freestyle Work Space Silvaplana	3 Dec - FIS Women's 10k 3 Dec - FIS Men's 10k

### Fluor ban FIS 2023-24

We would like to point out that the FIS has introduced a fluor ban which must be observed.

For skating competitions, we are introducing the standardised wax version, which means that skis must be handed in one hour before the respective start time.

The skis must be handed in with the start numbers so that they can be marked.

In the classic style, the glide zone is prepared by each team itself with non-fluor.

Enclosed is the FIS information and FIS rules.

Link to the [FIS documents](#)

ICR: 222.8 Fluorinated ski wax prohibition

Use of fluorinated wax or tuning products containing fluorine is prohibited for all FIS disciplines and levels.

Fluorinated wax can be a competitive advantage and its use in competition will result in disqualification. (see competition rules and equipment specifications.)

It is the responsibility of the National Ski Association to ensure compliance with FIS-ICR.